



# Glen Ridge High School

## Middle School Program

200 Ridgewood Avenue, Glen Ridge, New Jersey 07028

[www.glenridge.org](http://www.glenridge.org)

*John Lawlor, Principal*  
*Kim O'Donnell - Pickert, Assistant Principal*

*Jordan Roche, School Counselor*  
*Danielle Zieser, School Counselor*  
*973-429-8309*

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November 15, 2021

### Lunch Groups

Dear Parents/Guardians of Middle School Students:

This school year, middle school students will have the opportunity to voluntarily participate in a Lunch Group program. During this time, the small group of students will eat their lunch and also participate in a facilitated discussion and/or activity. The activities will focus on social reciprocity, decision-making, problem-solving and dealing with social issues as they arise. The students will have the opportunity to bring in games and items of interest from home and to share them with the group. The Lunch Group program will meet once per week in a designated classroom or conference room during the Middle School Lunch period. (Day of the week and location will be determined based on interest.) The program will be led by Jordan Roche and Danielle Zieser, School Counselors. This is a great opportunity for the students to practice and enhance these lifelong social skills and build friendships.

Please refrain from having your child bring in any foods containing peanuts or tree nuts, or any foods that may contain traces of these allergens, in order to minimize risk of exposure to those with food allergies.

Please contact Ms. Roche at [jroche@glenridge.org](mailto:jroche@glenridge.org) if you have any questions.

Thank you,

Jordan Roche and Danielle Zieser

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**If you would like your child to participate, please sign and return this form to Ms. Roche in the middle school office by Friday, November 19, 2021. Children will not be allowed to participate without this form.**

\_\_\_\_\_ I would like my child to participate in the Lunch Group program

Student Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_