



December 13, 2021

Glen Ridge School Community,

There have been two updates to pandemic protocols. The updates result from CDC revising their travel guidelines and our region's CALI score, which elevated to the High-risk level.

Travel Guidelines ([NJDOH Travel Guidelines](#))

The CDC and NJDOH adopted new travel guidelines based on increased international Covid-19 cases and new variants. The CDC recommends delaying all domestic and international travel until individuals are fully vaccinated. International guidelines are updated, while domestic guidance remains the same.

International (December 8)

- **Regardless of vaccination status, all international air passengers must show a negative COVID-19 test taken no more than 1 day before travel to the United States.**
- **Fully vaccinated: Travelers who are fully vaccinated should get tested with a PCR or antigen test 3-5 days after travel and self-monitor for symptoms.**
- **Not fully vaccinated: Travelers who are not fully vaccinated should get tested with a PCR or antigen test 3-5 days after travel and self-quarantine for a full 7 days upon returning, even with a negative test result.**

Domestic

- **Unvaccinated individuals who travel should get tested 1-3 days before their trip and 3-5 days after travel. Even if they test negative, the CDC**

recommends unvaccinated individuals stay home and self-quarantine for 7 days after domestic travel and 10 days if they are unable to test.

Quarantine ([NJDOH School Guidelines](#) page 12)

The CALI score, [CALI Report](#), at the High-risk level changes the quarantine periods from 10 days to 14 days. Unlike the Moderate-risk level, when a region is at a High-risk level, there is no opportunity to reduce the number of quarantine days with a negative PCR test for an individual who is a close contact.

	Moderate	High
Covid -19 Positive	Exclude according to COVID-19 exclusion criteria Identify and exclude school-based contacts for 10 days (in absence of testing) from last exposure and report to the local health department.	Identify and exclude school-based contacts for 14 days from last exposure and report to the local health department.
Close Contact	Close contacts of a COVID19 case who are not fully vaccinated should be excluded for 10 days (in absence of testing) from the date of the last contact.	Close contacts of a COVID19 case who are not fully vaccinated should be excluded for 14 days from the date of the last contact.

Vaccines

Students between the ages of five and eleven are eligible for the Covid-19 vaccine, [NJDOH Vaccine FAQ](#). Those vaccinated do not need to quarantine for close contact or travel if they are symptom-free. The district has received evidence of over 400 students vaccinated in this age group. It will continue to collect proof of student vaccination throughout the school year.

Please contact your child’s school nurse if you have any questions or concerns.,

Sincerely,

Que Pasa